

What is claimed is:

1. An ophthalmic solution comprising:
  - 0.01 to about 1.0 percent by weight L-histidine;
  - 0.0001 to 0.01 percent by weight hydrogen peroxide; and
  - 0.1 to 500 parts per million of a cationic polymeric preservative.
2. A method for supplying a rinsing solution to an eye comprising the step of:
  - Contacting an eye with a solution comprising:
    - 0.01 to about 1.0 percent by weight L-histidine;
    - 0.0001 to 0.01 percent by weight hydrogen peroxide; and
    - 0.1 to 500 parts per million of a cationic polymeric preservative